

## 2. Second fruit: knowledge.

 Christ's Spirit lives within to *fill* you with the knowledge of God.

"For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God. Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God." 1 Corinthians 2:11-12

## 3. Third fruit: temperance.

- Temperance carries the idea of *restraint*.
- Temperance is when your *fleshly* appetite is restrained and controlled.
- Temperance is a fruit of the **Spirit**.
- Trying harder will not bring temperance. Temperance is found in *trusting* Christ to live through you.

"This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh." Galatians 5:16

## Are you a growing and fruitful disciple of Jesus Christ?

- "But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ. To him be glory both now and for ever. Amen."
  2 Peter 3:18
- Your greatest need is simply to *grow* in the grace and knowledge of your relationship with Christ.