

# CHRISTIAN, SAVE THYSELF! [PART 1]

1 TIMOTHY 4:13-16, PEW BIBLE PAGE #1235

- Paul told Timothy, “*Save thyself.*”
- The word “save” simply means “to \_\_\_\_\_.” Paul did not want to see Timothy fall by the wayside and become a casualty of war. He wanted Timothy’s life to have high impact over the long haul.
- Many believers burn out, or quit, or fall into sin, because they did not take heed unto themselves. They were so \_\_\_\_\_ that they neglected their **own** spiritual walk and welfare.
- Nobody can do it for you. You have to take responsibility for your own spiritual walk with the Lord. You must care for your own spiritual health. How can you do this?

**First, stay a self-\_\_\_\_\_ believer. vs. 13**

- What was Timothy to pay attention to and apply himself to?

- ⇒ \_\_\_\_\_ – In context, Paul would be referring to the reading of God’s Word or books that will edify you in your understanding of God’s Word.
- ⇒ **Exhortation** – We don’t read God’s Word to simply puff ourselves up, but we \_\_\_\_\_ our knowledge of God’s Word to exhort and challenge others.
- ⇒ \_\_\_\_\_ – This is simply speaking of God’s instruction.
- As God’s Word gets in your \_\_\_\_\_, it insulates you from doctrines of devils and the world’s philosophy. 2 Timothy 3:1-5, 14-17
  - The spiritual nourishment that we get at church should be like a \_\_\_\_\_ supplement. We are digging our own food out all week long.
  - You must take responsibility for your spiritual \_\_\_\_\_ with the Lord.
  - Christian, how is your walk with Christ? Are you growing or have you been stagnant?
  - *“Take heed unto thyself; \_\_\_\_\_ thyself.”*

***Next week, Part 2!***



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