

GAINING FREEDOM FROM WORRY

LUKE 10:38-42
CHURCH BIBLE PAGE # 1074



- Martha was “*careful*” and “*troubled*,” which means she was full of anxiety and _____.
- Even believers that know Christ can still struggle with worry, anxiety, and stress.
- Mary made a choice. Her choice was different than Martha’s choice. Martha’s choice led to inner worry and stress. Mary’s choice led to sweet peace.
- Why? Because Mary chose...

To worship Christ _____ serving Christ.

- Notice in verse 39 that Mary “*sat at Jesus’ feet.*”
- Our service **unto** Christ should come forth from our daily worship **of** Christ.
- Our service should not _____ our daily communion with Christ.

To hear Christ’s _____ above all others.

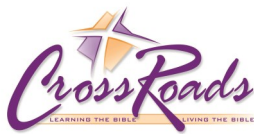
- Mary sat and “*heard his word.*”

- The eternal Word of God (Jesus) was in the house speaking, yet Martha was worried about household chores.
- The word “*cumbered*” means “to drag all around, to _____.”
- Martha was distracted from the one thing that she should have been embracing – Jesus! It is easy to get distracted, isn’t it?
- Do you take time to listen to Christ’s voice?

To place her _____ on relationships.

- Martha’s serving caused her to lose focus on what should have been her number one priority, but Mary got it right.
- Her relationship and fellowship with Christ was more important than anything else, and Christ commended her for her attitude. vs. 42

When our hearts are focused on Christ, we have an internal peace and _____ that no man can take away from us. vs. 42



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