

Choosing Peace Over Worry

Becoming a Peacemaker

Philippians 4:1-9 Pew Bible pg #1223



- Worry is a universal problem. It is not confined to a segmented group of people.
- Verse 6 says, *“Be careful for nothing...”*
- The word “careful” means “_____”, full of anxiety.”
- The word “anxious” means “to be distracted, to have a divided _____.”
- Worry adversely affects our lives. Worry can damage our _____, consume our thoughts, negatively affect the way we treat people, and weaken our _____.
- But what is the alternative to worry? The alternative is _____.
- Here in Philippians 4, God is going to show us very clearly how we can choose peace over worry.
- How can we choose peace over worry?

First, by becoming a _____. vs. 1-3

- The peace of verse 7 will escape us as long as we hold on to _____ and manifest a divisive spirit.

- Do you know what bitterness is? It is a past _____ which leads to a present _____ and a refusal to _____.
- *“Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ’s sake hath forgiven you.” Ephesians 4:31-32*
- There is true _____ in forgiveness.
- It was because of the _____ of Jesus Christ that God could forgive you, and it is because of the cross that you can forgive _____.
- *“Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye.” Colossians 3:13*

**If you do this, you will be on the path to
choosing peace over worry.**