## **Examine Yourself**

Intro	oduction:
1.	examination is a biblical concept that is taught throughout
	God's Word and is especially important when we are involved in a dispute
	or embroiled in a conflict. 1 Corinthians 11:28; 2 Corinthians 13:5;
	Galatians 6:1; Psalm 26:2, 139:23-24
2.	Until we have dealt with our own faults, it will prove very difficult to resolve
	any conflict.
3.	In this lesson, we will learn the steps we can take to go through the
	process of examining ourselves.
Firs	t, be honest about your own
1.	One of the turning points in David's life was when he said, "For I
	acknowledge my transgressions and my sin is ever before me."
	Psalm 51:3
2.	Most of us do not like to that we have sinned. So what do we do?
3.	Whenever we refuse to face up to our sins, we will eventually pay an
	unpleasant price. David discovered this. Psalm 32:3-5
4.	If it is difficult for you to identify and confess your wrongs, there are two
	actions you can take to assist you in the process:
	Ask God to help you to your sin clearly and to repent of it,
	regardless of what others may do. Proverbs 28:13
	Ask for the candid insights and advice of a spiritually mature
	Proverbs 27:5-6
Sec	ond, apply Ephesians 4:29 to your
1.	When involved in a conflict, we need to apply Ephesians 4:29 to
	ourselves, and ask ourselves what we have been saying to and about
	our opponents. Have we uttered:
	• words (Proverbs 29:20)

	• words (Philippians 2:14)
	• words (Ephesians 4:25)
	• words (Proverbs 11:13, 16:28, 17:9, 26:20)
2.	Sinful tongues contribute greatly to conflict.
Thir	d, ask yourself, "Have I fulfilled my responsibilities?"
1.	Sometimes conflict can be caused by our sinful behavior,
	and not heeding our obligations and responsibilities.
2.	Ask yourself, "Have I completely and fully kept my?"
	God demands that we live lives. Romans 12:17,
	13:13; 2 Corinthians 8:21; 1 Thessalonians 4:12
3.	Ask yourself, "Have I shown proper towards authority, or
	abused my authority?"
4.	Ask yourself, "Have I applied the Rule?" Matthew 7:12
	<ul> <li>Any time you see that you would not want someone else to treat</li> </ul>
	you the way you are presently treating others, you need to
	what you are doing.
In C	onclusion:
1.	Whenever we are involved in a conflict, it is important to consider whether
	we may be contributing to the problem, either directly or indirectly.
2.	In some cases, we may have the controversy.
3.	In other cases, we may have aggravated a dispute by failing to respond to
	another person in a way.
4.	Before focusing on others in a conflict, it is always wise to first examine
	yourself!