

Free Yourself from Sin – Part 1

Introduction:

1. Conflict is a part of life. There is no way to avoid it. It is inevitable.
2. Biblically, how do we resolve conflict?
 - First, we must answer the question, “Is this worth fighting over?”
 - Second, we must examine ourselves and see how we may have contributed to the conflict.
3. Once we begin to see how our own wrongs have contributed to a problem, we must seek to free ourselves from sin, if we are to have any hope of resolving the conflict.
4. This process involves three basic steps:
5. Through this three-step process, God has provided a way to obtain forgiveness, clean up the past, and change undesirable patterns of behavior.

Repentance

1. We must understand that repentance is not:
 - Feeling uncomfortable
 - A mere _____
 - Feeling _____
2. According to 2 Corinthians 7:9-10, there is a _____ sorrow and a _____ sorrow.
3. Godly sorrow involves:
 - A change of _____ about our sin - 2 Timothy 2:25-26
 - A renouncing of _____
 - A _____ to God
4. True repentance leads to deliverance from sinful _____ and patterns. 2 Corinthians 7:10; cf. Acts 26:20

Confession

1. The second step in dealing with sin is confession. This is one of the most liberating acts in life.
2. Unfortunately, many people do not experience the _____ that comes through confession because they have never learned to confess their wrongs to others honestly and unconditionally.
3. The Bible provides clear and specific guidelines for an effective confession.
 - First, address _____ involved.
 - Second, avoid “if,” “but,” and “_____.”
 - Third, admit specifically.
 - Fourth, _____.
 - Fifth, _____ the consequences.
 - Sixth, alter your _____.
 - Seventh, ask for _____.