



THE *Keys* TO Communication

PART ONE

I Peter 3:7 • Church Bible Page #1261

- What is communication? True communication is to realize in **practice** (everyday living) the oneness that God declares about your **position** as husband and wife.
- Communication is not just _____. It is a true, heartfelt sharing of life together and a growing knowledge and understanding of each other.
- What happens when communication breaks down? _____ apart.
- You absolutely have to spend _____ together.

“For no man ever yet hated his own flesh; but nourishes and cherishes it, even as the Lord the church.” Ephesians 5:29

“His mouth is most sweet, yea, he is altogether lovely.

This is my beloved, and this is my friend...” Song of Solomon 5:16

- Married couples that are not living and functioning as one flesh are not _____ friends.
- The social element is crucial to your marriage and to communication. If married couples are to be companions and best friends, they must engage in regular social and recreational activities that they can _____ enjoy together.
- Those _____ moments of fun, relaxation, and enjoyment — you want to associate those feelings with your spouse, not somebody else.

- Here are some practical suggestions.
 - “Down time” should be spent _____.
 - Vacations, day trips, and fun getaways should always be done _____.
 - Endeavor to do everyday, mundane, routine things _____.
 - Serve _____.
- Here are some “don’ts” that will kill the social element of your communication.
 - Don’t allow the ____ to dominate your life.
 - Don’t allow electronic _____ (the computer or phone) to dominate your life.
 - Don’t allow another _____, family members, or any other person to dominate your social life.
 - Don’t allow your _____ to become the basis of your marriage and togetherness.
- If you presently are expending your energies on interests that take you in opposite directions, simply _____ your interests.
- Find things that you mutually _____.
- Because there are only so many hours in the day and week, couples have to choose...
 - They can pursue interests that they can share, resulting in growing _____ together.
 - They can pursue interests that they do _____ share, resulting in growing apart.