# Welcome!

#### THANK YOU FOR JOINING US THIS MORNING!

Here at CrossRoads, we exist to accomplish our mission of loving God and loving others by learning the Bible and living the Bible. It is our hope that through our services and ministries you are given the tools to build a better relationship with Christ and others.



### Nothing Beats OF Family HOW TO NAVIGATE SUCCESSFULLY THROUGH TRIALS AND CHANGE

- How can married couples navigate successfully through trials and change? Ephesians 5:25-33
- 1. No matter the change or trial, keep spending \_\_\_\_\_\_

### together! Ephesians 5:31

- Couples have to spend ample amounts of \_\_\_\_\_\_ together, and this is especially true when they are going through change or problems. Ecclesiastes 4:9-10
- 2. Always be on the same page and function as a \_\_\_\_\_\_ through every change and trial. Ephesians 5:33
- 3. Stay \_\_\_\_\_\_ through every change and trial of life. Ephesians 5:28-31, 1 Corinthians 7:2-5
- 4. Protect your spouse and always have their \_\_\_\_\_\_ interest at heart. Ephesians 5:28

## TAKE HOME DISCUSSION

What is one thing that struck you as being significant in the message from God's Word today? How does that impact your relationship with your spouse?

How much alone time are you spending with your spouse each week? Do you have time set aside for just the two of you? If so, evaluate if this is enough time or if more time is needed.

How can you better protect your spouse and support them each day?

