# Welcome!

#### THANK YOU FOR JOINING US THIS MORNING!

Here at CrossRoads, we exist to accomplish our mission of loving God and loving others by learning the Bible and living the Bible. It is our hope that through our services and ministries you are given the tools to build a better relationship with Christ and others.



#### What is Temperance?

- Temperance means that you are able to \_\_\_\_\_\_ fleshly desires.
- The fruit of temperance means that we do not allow \_\_\_\_\_
  in life to control, dominate, or enslave us.
- When we lack temperance it means we have lost \_\_\_\_\_ over certain areas of our lives.

#### **Two Examples**

- King David 2 Samuel 11
  - A lack of temperance brought \_\_\_\_\_\_\_.
- Joseph Genesis 39
  - Temperance brought \_\_\_\_\_\_.

### TAKE HOME DISCUSSION

Are there any fleshly actions where you feel that you have lost control (temperance)? What has been the result?
Are there any good things where you have lost moderation or balance (working, eating, shopping, spending, sports, social media, etc.)?
Has God revealed some areas in your life that need to change? What is your plan for change?

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