

How to Age Gracefully

Titus 2:1-3

Pew Bible page # 1241

Introduction:

- Aging is a part of life.
- While we have no choice over this aging process, we do have a choice as to _____ we will age.
- If people have been saved for a number of years, there are some godly attributes (graces) that their lives should reflect.

Aging gracefully begins with the speaking and receiving of God's truth. vs. 1

- The kind of lives described in verses 2-10 are built by receiving, digesting, and applying God's _____.
- As believers get some spiritual years on them, there should be a demonstration of this sound doctrine evidenced in their lives. Truth must be learned, but should then be _____.

Aging gracefully - for men. vs. 2

- How is the grace of God demonstrated in the older men?
 - ◆ Sober - they think clearly and Biblically about _____.
 - ◆ Grave - they have earned the _____ of others because of their Christian character.
 - ◆ Temperate - they do not allow anything in life to control and dominate them.

- ◆ Sound in _____ - they live lives of reliance on God's Word.
- ◆ Sound in charity and patience - they demonstrate the graces of the Spirit in their dealings with others.

Aging gracefully - for women. vs. 3

- Paul now describes some characteristics of spiritually mature women.
 - ◆ Behavior as becometh holiness - they live lives that beautify the identity they have in Christ.
 - ◆ Not _____ accusers - they refuse to partake in slander and gossip.
 - ◆ Not given to much _____ - they live in the sufficiency of Christ.
 - ◆ Teachers of good things - they have a _____ ministry among the younger ladies.

- At a time when they could be having their greatest impact for Christ, many mature saints basically _____ from the Lord's work.
 - At a time when you can have your greatest influence - use it! Use it to _____ people and impact lives.