



- Guilt can be a crushing weight. Last time we saw from Psalm 38 what guilt did to King David. It nearly destroyed him.
- Thankfully, God's Word instructs us in how to handle guilt.
- Sin should be avoided at all cost. God's answer is to flee temptation.
- But, what if it is too late and we have already sinned? How do we overcome the feelings of guilt and condemnation?

First, talk to God with confidence. vs. 15

- Praise God, there is **hope** for the guilty soul!
- Satan will use our guilt to convince us that God no longer **hears** our prayers.
- God does not hear our prayers because of what we have **done**; He hears us because of who we are!
- If you are saved, you are God's accepted child that has been placed in Christ. Because of this, you have complete **access** to your heavenly Father.
- *"For through him we both have access by one Spirit unto the Father."* **Ephesians 2:18**
- God hears us not based on our **attainment**, but based on Christ's blood **atonement**.

Second, talk to God with true _____.
vs. 17

- Biblical repentance means that we now view our _____ as God views it.
- Genuine guilt is meant to be a _____ motivator, to bring us to our knees before God in humility and repentance.
- We will never experience _____ from guilt until we truly become sorrowful and repentant for our sin.
2 Corinthians 7:9-10

Third, talk to God with complete _____.
vs. 18

- Notice David's words, "*For I will declare my iniquity...*"
- This word "*declare*" means "to manifest; to announce; to expose."
- When David said, "*I will declare my iniquity,*" he was saying, "I'm ready to _____ my sin honestly." David would no longer try to _____ it or explain it away.