



- As the book opens, we read the story of a woman named Hannah.
- Hannah was barren, mocked by her adversary, and in distress.
- But Hannah decided to pour out her soul to God and _____ Him.
- God honored Hannah's _____ and gave her a son named Samuel. vs. 20
- Her son Samuel would become the greatest _____ in Israel's history.
- Every believer should pour out his or her soul in prayer. Why?

First, because God hears the prayers of the _____.

- When we humble ourselves before the Lord and seek Him, He will respond and provide what is _____. He will provide the wisdom, guidance, grace, and strength that are needed in every situation.
- *"Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered." Romans 8:26*

Second, because prayer turns your bitterness into _____.

- After she poured out her soul to God, her countenance was “no more _____.”
- When you turn to God in prayer, He provides such an inner peace and joy.
- *“Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.”* **Philippians 4:6-7**

Third, because prayer gives _____ over the adversary.

- Our adversaries are not flesh and blood, but the spiritual _____ of darkness that Satan controls.
- When we are not praying, we are giving place to the _____. It is prayer that gives us that discernment to overcome the tactics of Satan.

One of the greatest decisions that you could make for 2010 is to decide that you will _____ pour out your soul to God in prayer.