

HOW TO VICTORIOUSLY PASS THROUGH PAINFUL TIMES

MATTHEW 26:36-46 • CHURCH BIBLE PAGE #1025

- Right before Jesus went to the cross to die for our sins, He was in Gethsemane.
- On that day, Christ's heart was heavy. The garden scene is one of the most moving scenes in the Bible.
- *"And being in an agony he (Jesus) prayed more earnestly: and his sweat was as it were great drops of blood falling down to the ground."* **Luke 22:44**
- All of us go through painful times where we feel like our _____ has been torn out and squeezed.
- Many times these Gethsemane experiences are turning points in your life. It was for Jesus. How do you survive them victoriously?

First, you must talk to God honestly and _____.

- *"But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him. God is a Spirit: and they that worship him must worship him in spirit and in truth."* **John 4:23-24**
- We see Jesus being so sincere, so honest, and so transparent with the Father.
- This is exactly what we need!

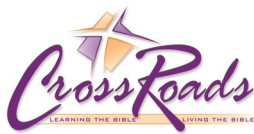
- You can be _____ in God's presence.
- God _____ and understands.

Second, you must release your _____ to the Father's will.

- His prayer was answered, not by _____ of the cup, but by strength to drink of it.
- The most important thing Jesus showed us that night in Gethsemane was how to completely let _____ of our hearts to God.
- *"And being found in fashion as a man, he (Jesus) humbled himself, and became obedient unto death, even the death of the cross. Wherefore God also hath highly exalted him, and given him a name which is above every name: that at the name of Jesus every knee should bow, of things in heaven, and things in earth, and things under the earth; and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father."* **Philippians 2:8-11**
- *"But he (God) knoweth the way that I (Job) take: when he hath tried me, I shall come forth as gold."* **Job 23:10**

God uses the _____ times in life as fire to refine you, making you more valuable and more useful.

If you will talk to God honestly and openly, releasing your will to the Father's will (like Jesus and Job), you will come forth as _____.



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